

Suggestions Health/Safety

National Safety Council-www.nsc.org. (hint you get 10pts on the award form)

Federal Emergency Management Agency (FEMA) –FEMA.gov

Food Safety- www.foodsafety.gov

HealthCare-www.healthcare.gov

Environment: contact local Staples store for info on going “Green” some have given out giveaways and information pamphlets. Www.StaplesAdvantage.com/Environment.

AAA-has several programs: AAA.com/carecare. AAA.com/safety.

AAA.com/TeenDriving-program: Keys2Drive(TeenDriving)

September:

National Preparedness Month

-www.ready.gov or www.ReadyNotifyPA.org

October-

-National Breast Cancer Awareness Month

-National Bully Awareness Week

-Fire Prevention Week.

November

American Diabetes Month-stopdiabetes.com

*Energy-(Good for start of winter and summer) hot topic with the choice of electric and natural gas suppliers plans.

-www.peco.com/Smartideas(Will find info on: Home E Audit, smart lighting, rebates, recycling, AC Saver)

-www.papowerswitch.com-learn about shopping for electricity and competitive electric generation suppliers.

Check out www.weather.com. Click on the Severe Weather icon Safety Weather Ready

March-National Nutrition Month-visit Nutrition.gov and your health plan website.

April:

4-8th National Work Zone Awareness Week (NWZAW) Mid-Atlantic Foundation for Safety & education and the Federal Highway Administration. AAA.com/foundation. (Established in 1999 by the American Traffic Safety Services Assoc to raise awareness of safety precautions for workers and motorists in work zones.

-One day during this month is National Walk Day.

-National Alcohol Awareness Month

May:

-Mental Health Month –AetnaIntellihealth.com

-start of summer/Memorial Day great time for a refresher on sun safety and skin cancer prevention. (American Academy of Dermatology for tips-www.aad.org)